

CERTIFICATE

OF PARTICIPATION

This is to certify that

Tlou Ezekiel Pula

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:27:41

PACE 06:28/km

OVERALL 196 of 438

26 October 2019, Sat **Date**

GENDER 171 of

303

40+ 60 of 105